# BRIGHAM AND WOMEN'S HOSPITAL RHEUMATOID ARTHRITIS SEQUENTIAL STUDY (BRASS)

A collaboration of scientific technology and clinical expertise

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For further information regarding BRASS, please visit our website at www.BRASSSTUDY.org

# **BRIGHAM AND** WOMEN'S HOSPITAL



# **Project Goals**

The BRASS registry began recruitment in March 2003 establishing a prospective observational cohort of 1,000 rheumatoid arthritis patients in order to:

- · Determine and validate biomarkers that predict drug response and toxicity in rheumatoid arthritis.
- Determine and validate biomarkers that predict disease activity and prognosis in rheumatoid arthritis.
- Evaluate the natural history of treated rheumatoid arthritis by measuring clinical, functional and economic outcomes

## Clinical Data

	Questionnaire Time Points (months)												
PATIENT DOMAINS	Baseline	6	12	18	24	30	36	42	48	54	60	66	72
Demographics													
Age	_	Г	7	Г	7	Г	7		7	Г	ϭ		7
Marital status	<del></del>	Т	7	Г	₹	Г	П		Г	Г	Г	П	7
Education	_	T	Г	г		Г	П		Г	г	г	П	г
# of children	_	t	7	Г		Г	П			Г	Г		7
# of sibs	-	Т		Г			П				Г		Г
Patient birth order/birth weight		T	⇁	Г	Г	Г	Г	Г	Г	Г	Г	П	Г
Family history (RA, co-morbid)		⇂	г	г	Г	г	7	Г	г	г	г	П	7
Ethnicity	-	Т	Г	Г		Г	П		П	Г	П		Г
Race	7	Т	Г	Г	Г	Г	П	Г	Г	Г	Г	П	Г
Psychosocial social support	7	T	⇁	Г	Г	Г	Г	Г	Г	Г	Г	П	Г
Smoking	_	T	7	г	7	Г	7			г	⇁	П	ⅳ
Beverages (alcohol, caffeine)	-	t	Г	Г		Г	П			Г	Г		Г
Alcohol only		t	⇁	г	7	г	⇁		7	г	▽	П	ⅳ
General Health		_	÷	_	÷	_	÷	_	÷	_	÷	_	÷
Symptoms		V	7	7	Г	7	П	7	Г	7	Г	7	г
List of co-morbidities	7	t	⇁	Н	7	Ė	7	Ė	⇁	Ė	⇁	Ė	۱ <sub>マ</sub>
New conditions		┢	г	⇁		~	П	~		~		~	г
Surgeries	_	₽	⇁	ⅳ	₹	⇁	⇁	₹	▾	⇁	⇁	⇁	ⅳ
MRC Dyspnoea Scale	_	t	⇁	Н	⇁	Н	⇁		▾	Н	⇁	Н	ⅳ
Cognitive function	_	t	⇁	Н	~	Н	⇁	Н	⇁	Н	⇁	Н	ⅳ
Menopause		b	-	Н	Н	Н	⇁	Н	7	Н	⇁	Н	┰
Pregnancy		۴	⇁	Н	₹	Н	ᄫ	Н	ż	Н	۱	Н	۱
Oral Contraceptive Use		t	Н	Н		Н	⇁		Ė	Н	Ė	Н	Ė
Menstruation history		t	Н	Н		Н	7			Н	Н	Н	Н
Use of antibiotics (past 6 mos)		V	⇁	▽	₹	7	⇁	~	₹	⇁	⇁	~	ⅳ
Vaccinations		۲	⇁	Ė		Ė	Н		Н	Н	Н	Н	Н
Daycare/Teacher/Healthcare		t	⇁	Н	Н	Н	Н		Н	Н	Н	Н	H
Teeth and Gums		t	Н	Н		Н	7			Н	Н	Н	Ī✓
Morning Stiffness	_	۲	⇁	Н	~	Н	⇁		₹	Н	⇁		ⅳ
Current Meds		_	-	_	-	-	_	_	-	-	_	_	_
Arthritis	· ·	V	~	ⅳ	~	~	~	~	~	~	✓	~	V
Pain	_	₽	┰	ᄫ	₹	┰	⇁	7	∀	┰	ᄫ	V	Þ
Corticosteroid	-	₽	┰	ʹ	ʹ	ʹ	ʹ	⇁	ʹ	ʹ	ʹ	⇁	ʹ
CAM		۰	7	v	7	7	v	7	7	v	v	7	V
Vitamins		۰	ⅳ	ᄫ	₹	₹	⇁	₹	₹	ⅳ	ᄫ	7	∀
Non-arthritis meds (heart, etc.)		۰	┰	ᄫ	₹	┰	ᄫ	7	∀	ᄫ	ᄫ	V	Þ
Alternative Providers		۰	┰	Н	┰	Н	⇁		┰	Н	⇁	Н	۱۷
Exercise		t	⇁	Н	~	Н	⇁		~	Н	⇁	Н	ⅳ
Past Meds		-	_	_	_	_	_	-	_	_	_	_	_
All Arthritis (past 6 months)		Т	7	г	7	г	7	г	7	г	7		1
Methotrexate (past 6 months)		۰	ř	-	ř	_	Ė	-	ř	-	Ė	_	۲
Miscellaneous		-	_	<u> </u>	_	Ť	_	•	_	Ľ	_	•	_
MDHAQ	-	V	12	~	1	1	~	1	1	1	~	7	1
SF-12		۲	ŕ	ŕ	ź	ŕ	ŕ	ŕ	ź	ŕ	۱ź	H	ŕ
MHI-5	<del></del>	۰	-	Н	×	Н	۴	Н	ť	Н	۴	Н	ť
		۰	ť	⊢	ť	Н	Н	H	Н	Н	₽	Н	ť
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PHQ-9													
EuroQol	_	۲	?	Y	<u> </u>	<u>`</u>	<u>\</u>		<u> </u>	<u>`</u>	ř	ž	
	7	ř	Ý	ź	Ý	ź	Ý	Ý	Ý	ź	Ý	Ÿ	ż

PHYSICIAN DOMAINS	Baseline	Annual
Inclusion Criteria	1	
Health & Symptoms		
Morning Stiffness	1	1
VAS	_ /	-
Infection/Opportunistic Infections		-
Extra-Articular Manifestations		-
Co-morbidities/drug toxicities		-
28 Joint count	1	1
Medication Changes		
Start	_	1
Stop/reason		1
Change/reason	1	1

Blood Collection/X-Ray Schedule	Baseline	12	24	36	48	60	72
DNA	1	1					
Serum	<b>1</b>	1	1	1	1	1	1
RNA	1	1		1	1	<b>~</b>	~
Hand Radiographs	1		1			<b>\</b>	

## Cohort Statistics

N=1092 Variable	Values
Female, N (%)	897 (82)
Age, mean (SD)	56.1 (14.05)
Disease Duration, mean (SD)	13.7 (12.32)
MDHAQ, median	0.6 (0.53)
DAS28-CRP, mean (SD)	3.97 (1.58)
RF positive, N (%)	568 (63)
CCP positive, N (%)	670 (61)
Modified RADAI	3.52 (2.27)
Total Swollen Joints (0-28)	7.63 (7.34)
Total Painful Joints (0-28)	8.55 (8.04)
Physician Global Assessment (0-10)	3.39 (2.15)
Patient Global Assessment (0-100)	32.85 (25.21)

## **Sharp Score Data**

#### **Erosion**



### Erosion Scoring 1= discrete

2= larger, depends on surface area involved 3= large & extends over nary middle of bone 4= partial collapse of bone 5= complete collapse of

#### Joint Space Narrowing Scores 0= normal

1=focal or doubtful

2= generalized, >50% of the origina joint space 3= <50% of the original space left or subluxation

4 = bony ankylosis or complete



Joint Space Narrowing

#### Results:

- 540 subjects with Sharp scores read at baseline and at follow-up
- 133 (24.6%) erosion free at baseline and follow-up
- Mean duration of time between radiographs was 26.4 (SD 7.6) months

Characteristic	Erosion Free (n=133)	Erosions (n=407)	P-Value	
Mean age (SD)	50.5 (13.6)	56.7 (11.6)	0.001	
Female (%)	77.4	84.7	0.06	
Disease Duration, Yrs (SD)	7.4 (8.2)	16.9 (12.2)	<0.0001	
Ever smoker, %	46.5	50.4	0.44	
MDHAQ	5.1 (5.1)	5.9 (5.1)	0.09	
DAS 28, mean (SD)	3.7 (1.6)	4.2 (1.5)	0.09	
Mean SJC	6.1 (7.0)	8.8 (7.2)	0.0003	
Mean TJC	7.6 (7.6)	8.8 (7.2)	0.02	
JSN median/mean	0 (1.2)	19 (27.9)	<0.0001	





# **GWAS on Transformed CCP titer** \*\*\* 4 \*\*\* 5 \*\*\* 6 \*\*\* 7 \*\*\* 8 \*\*\* 12 \*\*\* 13 \*\*\* 14 \*\*\* 15 \*\*\* 16

•GWAS conducted for transformed anti-CCP titer using 734,008 filtered SNPs, which passed quality control criteria, in 491 BRASS CCP+ samples.

- •Each SNP is tested for additive association with Anti-CCP level.
- •From 900K SNP analysis, there are 7470 SNPs that have a p value <0.01
- •Will confirm any real associations among the NARAC, and EIRA datasets.

## Abstracts/Publications

2009 BRASS POSTERS/PRESENTATIONS:

- · Rheumatoid arthritis risk alleles as predictors to anti-TNF therapy in rheumatoid arthritis.
- . Rheumatoid Arthritis Risk Alleles Predict Anti-CCP Level in RA patients.
- . Genome Wide Predictors of Quantitative Anti-CCP in Rheumatoid Arthritis
- · Clinical factors that predict erosion-free status in rheumatoid arthritis
- Prevalence of Alcohol Consumption among Rheumatoid Arthritis (RA) Patients on Methotrexate (MTX) and Impact on Liver Function Tests
- · Stepwise Development of a Multi-Protein Biomarker Index of RA Disease

#### **PUBLICATIONS:**

- · The relationship between focal erosions and generalized osteoporosis in postmenopausal women with rheumatoid arthritis. Solomon DH, et al. Arthritis &
- · Investigation of candidate polymorphisms and disease activity in rheumatoid arthritis patients on methotrexate. Lee YC, et al. Rheumatology. 2009
- TNF alpha inhibitors may improve asthma symptoms: a case study of 12 patients with rheumatoid arthritis and asthma. Stoll ML, et al. J Clin Rheumatol.
- · Genome wide association study of determinants of anti-cyclic citrullinated peptide. Cui J. et al. Molecular Medicine. 2009.
- Common variants at CD40 and other loci confer risk of rheumatoid arthritis. Raychaudhuri, S, et al. Nature Genetics. 2008.
- Predictors of discontinuation of tumor necrosis factor inhibitors in patients with rheumatoid arthritis. Argarwal SK, et al. J Rheumatol. 2008.
- Two independent alleles at 6q23 associated with risk of rheumatoid arthritis, Plenge, RM, et. al., Nature Genetics, 2007.

## Collaborators

- · Broad Institute, Cambridge, MA
- University of Alabama
- · University of Arizona
- · University of Toronto
- UCLA, School of Medicine
- · National Institute of Environmental Health Sciences
- · Bristol Myers Squibb Foundation